

STERLING HIGH SCHOOL DISTRICT

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Matthew Sheehan
Superintendent



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Greetings Sterling Parents / Guardians, and Staff,

Recently, Governor Murphy passed Executive Order 253, which addressed mask and vaccine requirements. The Governor also clearly established that schools have the legal duty to address foreseeable risks such as those related to travel by unvaccinated students or staff, which could potentially impact our ability to remain open for in-person instruction.

Based upon this recommendation, Sterling High School will adhere to the following protocols for unvaccinated and vaccinated individuals:

1. **Recommendations for People Who are Not Fully Vaccinated:** Unvaccinated individuals who travel should get tested 1-3 days before the trip, 3-5 five after travel, and stay home and self-quarantine for 7 days after domestic travel, while testing negative on days 5, 6, or 7. If testing is not completed after traveling, individuals should self-quarantine for 10 days. During quarantine remote instruction will be provided by the district.
2. **Recommendations for Fully Vaccinated People:** People who are fully vaccinated with an FDA-authorized vaccine can travel safely in the United States without the need to quarantine. If you must travel, the CDC recommends a test 3-5 days upon your return and you should monitor for symptoms for 14 days. Vaccinated travelers are not required to quarantine and may return to in-person instruction, provided that no symptoms are present.

We urge that you follow the CDC Travel Recommendations prior to travel, know your travel risks, wear a mask over your nose and mouth while traveling, avoid crowds, and frequently wash your hands. Listed below is a summary of recommended CDC quarantine protocols related to travel.

[Domestic Travel During COVID-19 | CDC](#)

Our goal is to maintain in-person instruction and we need your partnership and understanding to ensure the safety of our students, staff, their families, and our school community.

Sincerely,



Matthew Sheehan
Superintendent